



# LE FRÉGATE PROVENCE HOTEL

France - Provence-Alpes-Côte d'Azur - Bandol



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## HOTEL

Overlooking Saint-Cyr and the Bandol vineyard, between land and sea, Le Frégate Provence offers a cornucopia of authentic, natural experiences to savour and share. Surrounded by pristine nature and located at the centre of one of the most beautiful golf resorts in France, immersed in a rich and welcoming local culture, discover a hotel at the heart of the Bandol vineyard that invites you to enjoy a multi-faceted experience of relaxation, inspiration and passion. Le Frégate Provence Golf Hotel and Spa is an invitation to let go, where you can naturally nourish yourself with all the venue's riches.

## SERVICES & EQUIPEMENTS

- 161 rooms, suites & appartements
- 3 restaurants
- Bar / Lounge
- Outdoor and Indoor swimming pool
- Air conditioning
- Spa
- Parking
- Gym
- 27 Hole golf course
- Disabled access
- Tennis
- Pétanque court

## ACTIVITIES

- Participate in a golf initiation
- Challenge the teams to adventurous challenges
- Discover the region on a boat trip







## WE LOVE

- Large number of meeting rooms
- Natural daylight in each meeting room
- Meetings room fully equipped



# SEMINARS

## MEETING ROOMS AND CAPACITIES

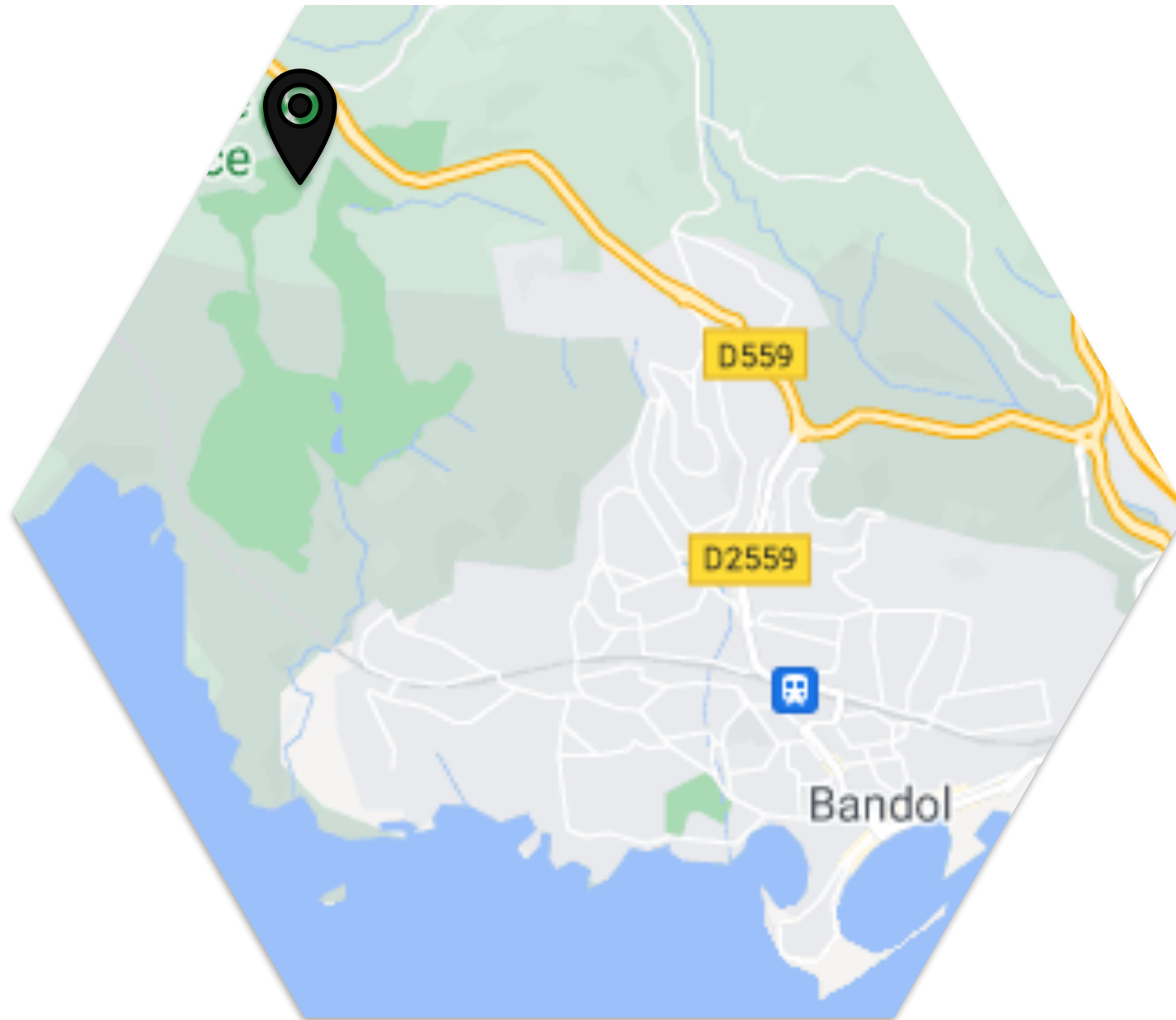
Salon	 m²					
Fregate	225	64	44	130	200	150
Alan Shepard	159	48	36	90	150	120
Fregalon	110	36	28	40	100	0
Port d'Alon	80	36	30	40	70	40
Bandol	67	30	26	32	45	30
Saint Cyr	47	22	20	20	30	0
Cannes	40	0	0	0	0	0
Saint Tropez	28	16	18	14	20	0
Toulon	28	16	18	14	20	0
Saint Maxime	28	16	18	14	20	0
Nice	20	8	10	0	15	0
Grasse	20	8	10	0	15	0
Marseille	20	8	10	0	15	0
Saint Raphaël	20	8	10	0	15	0

## AVAILABLE EQUIPMENTS

All meeting rooms are equipped with: video-projector, paperboard, markers, paper with pencils and mineral water.  
Other equipment are available on request.



# ACCESS



## LE FRÉGATE PROVENCE HOTEL

RD559, Route de Bandol Lieu-dit Fregate  
83270 Saint-Cyr-sur-Mer

### BY CAR

A50 Highway (5km / 10 min)

### BY PLANE

Marseille Airport (70 km / 1h)

### BY TRAIN

Marseille Saint-Charles train station (48 km / 45 min)

Toulon train station (20 km / 23 min)

# LOYALTY PROGRAM



Because we are thankful for your loyalty, Hotels & Preference allow you to collect loyalty points.

**For 1€ spent you receive 10 loyalty points converted to Gift Card** to enjoy in our beautiful hotel.

**For example :**

For a confirmed seminar valued 10 000€  
Obtain a gift card of 100€ !

Access to your [online account](#)



# CONTACT US !



## YOUR ADVANTAGES

### GAIN OF TIME

A quotation within 24h

A dedicated person

A tailor-made offer

A rigorous selection of hotels

We stay at your disposal

Monday to Friday

9am till 7pm

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